

2022-23 Trigger Health Race 04

Date: 11 December 2022

Triathlon

Pos	FirstName	LastName	Race No	Time	Category	Cat Pos	Gender	Gender Pos	Run1	Swim O Pos	Swim G Pos	Cycle	Cycle O Pos	Cycle G Pos	Run2	Min/km	Run2 O Pos	Run2 G Pos
1	Ronan	Hays	249	00:41:21	Ages 18 - 24	1	Male	1	00:06:11	1	1	00:24:36	2	2	00:10:34	3:31	1	1
2	Chad	Mckay	236	00:42:43	Ages 18 - 24	2	Male	2	00:06:41	5	5	00:24:33	1	1	00:11:28	3:49	3	3
3	Russell	Harris	206	00:42:46	Ages 50 - 54	1	Male	3	00:06:35	3	3	00:24:44	3	3	00:11:26	3:48	2	2
4	Joel	Reynolds	223	00:44:37	Ages 30 - 34	1	Male	4	00:06:33	2	2	00:25:29	5	5	00:12:33	4:11	6	6
5	Darryl	Harris	204	00:45:00	Ages 60 - 64	1	Male	5	00:06:39	4	4	00:24:52	4	4	00:13:29	4:29	8	7
6	Stefan	Aspeling	257	00:46:35	Ages 45 - 49	1	Male	6	00:34:15	19	14	00:00:00			00:12:19	4:06	5	5
7	Eric	Aspeling	256	00:47:39	Juniors	1	Male	7	00:34:04	18	13	00:00:00			00:13:34	4:31	9	8
8	Bruce	Barrington	211	00:47:47	Ages 55 - 59	1	Male	8	00:06:56	7	6	00:26:58	6	6	00:13:51	4:37	10	9
9	Shane	Gibson	255	00:47:47	Ages 35 - 39	1	Male	9	00:07:37	9	7	00:28:34	7	7	00:11:35	3:51	4	4
10	Hamish	Mactavish	242	00:49:19	Ages 50 - 54	2	Male	10	00:34:24	20	15	00:00:00			00:14:55	4:58	14	12
11	Jazmyn	Tobin	233	00:50:35	Ages 40 - 44	1	Female	1	00:06:56	8	2	00:28:53	8	1	00:14:46	4:55	13	2
12	Pip	Naidoo	230	00:53:04	Ages 35 - 39	1	Female	2	00:06:50	6	1	00:32:47	12	3	00:13:26	4:28	7	1
13	Wayne	Marchese	224	00:55:22	Ages 55 - 59	2	Male	11	00:08:36	14	10	00:30:42	10	8	00:16:03	5:21	16	13
14	Jarrad	Westcott	248	00:56:10	Ages 30 - 34	2	Male	12	00:08:44	15	11	00:30:43	11	9	00:16:42	5:34	17	14
15	Sharon	Ford	208	00:56:24	Ages 50 - 54	1	Female	3	00:40:56	21	6	00:00:00			00:15:27	5:09	15	3
16	Susan	Androvich	213	00:56:43	Ages 50 - 54	2	Female	4	00:08:12	12	3	00:30:12	9	2	00:18:18	6:06	20	5
17	Ben	Hoffman	232	00:57:37	Ages 35 - 39	2	Male	13	00:07:56	10	8	00:34:55	16	11	00:14:45	4:55	12	11
18	Michael	Charlesworth	221	00:58:56	Ages 35 - 39	3	Male	14	00:10:04	17	12	00:34:08	15	10	00:14:43	4:54	11	10
19	Georgina	Webb	247	01:00:04	Ages 50 - 54	3	Female	5	00:09:30	16	5	00:33:03	13	4	00:17:30	5:50	19	4
20	Phillip	David	239	01:01:58	Ages 45 - 49	2	Male	15	00:08:07	11	9	00:36:55	17	12	00:16:55	5:38	18	15
21	Amanda	Casey	229	01:02:24	Ages 40 - 44	2	Female	6	00:08:35	13	4	00:34:03	14	5	00:19:45	6:35	21	6