

4 Life Physiotherapy Race 10

Date: 7th March 2021

Triathlon

Pos	Categ Pos	Gender Pos	FirstName	LastName	Race No	Time	Category	Gender	Swim	Swim Opos	Swim Gpos	Cycle	Cycle Opos	Cycle Gpos	Run	Run Opos	Run Gpos
1	1	1	Matt	Mckay	68	00:40:52	Ages 50 - 54	Male	00:05:28	2	2	00:24:09	1	1	00:11:14	2	2
2	1	2	Jordan	Rhodes	50	00:42:39	Ages 35 - 39	Male	00:05:36	4	4	00:25:50	3	3	00:11:11	1	1
3	1	3	Stefan	Aspeling	77	00:43:23	Ages 45 - 49	Male	00:05:34	3	3	00:25:16	2	2	00:12:32	10	9
4	1	4	Tim	Watson	52	00:44:19	Ages 40 - 44	Male	00:05:59	9	7	00:26:08	5	5	00:12:12	4	4
5	2	5	Alan	Clark	1	00:44:29	Ages 50 - 54	Male	00:05:59	10	8	00:26:06	4	4	00:12:23	7	6
6	1	6	Corey	Muirhead	34	00:44:38	Ages 25 - 29	Male	00:05:58	8	6	00:26:19	6	6	00:12:21	6	5
7	1	1	Elyse	Lambert	33	00:45:05	Ages 25 - 29	Female	00:05:43	5	1	00:27:07	9	1	00:12:13	5	1
8	2	7	Joshua	Richards	158	00:46:39	Ages 25 - 29	Male	00:06:17	11	9	00:28:22	13	12	00:11:59	3	3
9	2	8	Pieter	Nel	43	00:47:15	Ages 40 - 44	Male	00:07:02	24	18	00:26:43	7	7	00:13:30	13	12
10	2	9	Pieter	Verster	53	00:47:21	Ages 45 - 49	Male	00:06:59	21	16	00:27:53	11	10	00:12:28	8	7
11	2	10	Christopher	Shewring	32	00:47:24	Ages 35 - 39	Male	00:06:39	15	12	00:26:49	8	8	00:13:55	16	14
12	3	11	Gregg	Barber	61	00:47:51	Ages 35 - 39	Male	00:06:47	17	14	00:28:33	15	13	00:12:30	9	8
13	4	12	Ben	Kent	5	00:48:31	Ages 35 - 39	Male	00:06:48	19	15	00:27:21	10	9	00:14:20	20	18
14	1	13	Jarrad	Westcott	99	00:49:02	Ages 30 - 34	Male	00:06:31	13	10	00:28:15	12	11	00:14:15	19	17
15	1	14	Geoff	Amos	164	00:49:08	Ages 55 - 59	Male	00:05:21	1	1	00:29:08	17	14	00:14:37	22	19
16	1	15	David	Whiteley	69	00:49:29	Ages 65 - 69	Male	00:05:47	7	5	00:29:34	18	15	00:14:06	18	16
17	3	16	Conagher	Murray	54	00:49:31	Ages 45 - 49	Male	00:06:40	16	13	00:29:37	19	16	00:13:14	11	10
18	1	2	Sophie	Burton	30	00:49:56	Ages 18 - 24	Female	00:06:47	18	4	00:28:33	14	2	00:14:35	21	3
19	1	3	Pip	Naidoo	9	00:50:59	Ages 35 - 39	Female	00:05:46	6	2	00:31:34	23	6	00:13:38	15	2
20	1	4	Susan	Androvich	13	00:52:16	Ages 45 - 49	Female	00:06:29	12	3	00:28:47	16	3	00:16:59	28	6
21	1	5	Sharon	Ford	87	00:52:43	Ages 50 - 54	Female	00:06:57	20	5	00:30:52	21	4	00:14:53	23	4
22	2	17	Nathan	Potts	96	00:53:00	Ages 30 - 34	Male	00:07:31	31	22	00:31:56	26	19	00:13:33	14	13
23	1	18	Colin	Luff	62	00:53:14	Ages 60 - 64	Male	00:07:24	29	21	00:30:31	20	17	00:15:17	26	21
24	2	6	Erica	Duffield	162	00:54:00	Ages 35 - 39	Female	00:07:05	26	7	00:31:55	25	7	00:14:59	24	5
25	3	19	Andrew	Walsh	160	00:54:13	Ages 25 - 29	Male	00:07:03	25	19	00:33:07	29	21	00:14:02	17	15
26	3	20	John	Humphreys	56	00:54:48	Ages 50 - 54	Male	00:06:34	14	11	00:31:46	24	18	00:16:27	27	22

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27	1	21	Haydn	Matthews	161	00:54:55	Ages 18 - 24	Male	00:07:01	23	17	00:34:29	30	22	00:13:24	12	11
28	2	22	Chad	Mckay	165	00:55:07	Ages 18 - 24	Male	00:07:15	28	20	00:32:38	27	20	00:15:13	25	20
29	1	7	Hayley	Ferris	27	00:56:28	Ages 40 - 44	Female	00:07:00	22	6	00:31:01	22	5	00:18:27	31	9
30	3	8	Amanda	Casey	166	00:58:11	Ages 35 - 39	Female	00:07:30	30	9	00:33:03	28	8	00:17:36	29	7
31	1	9	Clare	Holland	163	01:02:06	Ages 60 - 64	Female	00:07:11	27	8	00:37:11	31	9	00:17:42	30	8

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1	1	1	Duncan	Shearwood	168	00:32:19	All Ages	Male	00:06:25	2	1	00:18:44	1	1	00:07:09	1	1
2	1	1	Therese	Shearwood	167	00:49:06	All Ages	Female	00:06:00	1	1	00:31:01	2	1	00:12:05	2	1