

# 2024-25 Race 03 - 4 Life Physiotherapy

Date: 15th December 2024

## Triathlon

| Pos | First Name | Last Name  | Race No | Time     | Category     | Cat Pos | Gender | Gender Pos |
|-----|------------|------------|---------|----------|--------------|---------|--------|------------|
| 1   | Eric       | Aspeling   | 205     | 00:40:38 | Ages 18 - 24 | 1       | Male   | 1          |
| 2   | Ben        | Atter      | 201     | 00:41:40 | Ages 30 - 34 | 1       | Male   | 2          |
| 3   | Russell    | Harris     | 202     | 00:42:47 | Ages 55 - 59 | 1       | Male   | 3          |
| 4   | Danny      | Cobb       | 224     | 00:43:30 | Ages 45 - 49 | 1       | Male   | 4          |
| 5   | Joseph     | Laurendi   | 238     | 00:43:33 | Ages 35 - 39 | 1       | Male   | 5          |
| 6   | Darryl     | Harris     | 204     | 00:44:40 | Ages 60 - 64 | 1       | Male   | 6          |
| 7   | Hamish     | Mactavish  | 232     | 00:44:52 | Ages 50 - 54 | 1       | Male   | 7          |
| 8   | Phillip    | Hays       | 231     | 00:45:43 | Ages 55 - 59 | 2       | Male   | 8          |
| 9   | Ross       | Pedlow     | 240     | 00:46:15 | Ages 55 - 59 | 3       | Male   | 9          |
| 10  | Tim        | Watson     | 208     | 00:46:22 | Ages 40 - 44 | 1       | Male   | 10         |
| 11  | Darren     | Mcquillen  | 223     | 00:46:37 | Ages 35 - 39 | 2       | Male   | 11         |
| 12  | Shane      | Gibson     | 222     | 00:47:00 | Ages 40 - 44 | 2       | Male   | 12         |
| 13  | Bruce      | Barrington | 225     | 00:48:02 | Ages 55 - 59 | 4       | Male   | 13         |
| 14  | Jazmyn     | Tobin      | 219     | 00:50:02 | Ages 40 - 44 | 1       | Female | 1          |
| 15  | Jordan     | Branch     | 228     | 00:51:20 | Ages 25 - 29 | 1       | Female | 2          |
| 16  | Craig      | Gooch      | 241     | 00:51:39 | Ages 50 - 54 | 2       | Male   | 14         |
| 17  | Jenny      | Sullivan   | 215     | 00:52:31 | Ages 50 - 54 | 1       | Female | 3          |
| 18  | Geoff      | Amos       | 217     | 00:52:50 | Ages 55 - 59 | 5       | Male   | 15         |
| 19  | Luke       | Creevey    | 239     | 00:53:01 | Ages 40 - 44 | 3       | Male   | 16         |
| 20  | Jake       | Woolan     | 216     | 00:53:38 | Juniors      | 1       | Male   | 17         |
| 21  | Glenn      | Woolan     | 220     | 00:54:38 | Ages 40 - 44 | 4       | Male   | 18         |
| 22  | Samantha   | Benn       | 242     | 00:55:02 | Ages 40 - 44 | 2       | Female | 4          |
| 23  | Colin      | Luff       | 200     | 00:57:47 | Ages 65 - 69 | 1       | Male   | 19         |
| 24  | Tina       | MacAskill  | 203     | 00:57:52 | Ages 50 - 54 | 2       | Female | 5          |
| 25  | Hayley     | Ferris     | 213     | 00:58:04 | Ages 45 - 49 | 1       | Female | 6          |
| 26  | Jacob      | Ford       | 230     | 00:58:37 | Ages 25 - 29 | 1       | Male   | 20         |
| 27  | Bailee     | Harrison   | 221     | 00:59:10 | Ages 35 - 39 | 1       | Female | 7          |
| 28  | Amanda     | Casey      | 206     | 01:00:39 | Ages 40 - 44 | 3       | Female | 8          |
| 29  | Rudy       | Kocis      | 210     | 01:02:20 | Ages 60 - 64 | 2       | Male   | 21         |
| 30  | Saffron    | Pedrana    | 211     | 01:03:56 | Ages 18 - 24 | 1       | Female | 9          |
| 31  | Michael    | Backshall  | 212     | 01:05:47 | Ages 65 - 69 | 2       | Male   | 22         |

**NO FINISH TIME RECORDED (Advise if position is known or if Strava file is available)**

|  |      |         |     |  |              |  |      |  |
|--|------|---------|-----|--|--------------|--|------|--|
|  | Ben  | Hoffman | 226 |  | Ages 35 - 39 |  | Male |  |
|  | Tony | Thomas  | 287 |  | Ages 35 - 39 |  | Male |  |

## Aquabike

| Pos | First Name | Last Name | Race No | Time     | Category | Cat Pos | Gender | Gender Pos |
|-----|------------|-----------|---------|----------|----------|---------|--------|------------|
| 1   | Wayne      | Marchesi  | 207     | 00:39:00 | All Ages | 1       | Male   | 1          |
| 1   | Jody       | Pace      | 209     | 00:52:31 | All Ages | 1       | Female | 1          |

## Duathlon

| Pos | First Name | Last Name | Race No | Time     | Category | Cat Pos | Gender | Gender Pos |
|-----|------------|-----------|---------|----------|----------|---------|--------|------------|
| 1   | Rob        | Cosgrave  | 214     | 00:40:47 | All Ages | 1       | Male   | 1          |